



DR.S.SUNDER M.D

Specialist Consultant In Physical Medicine & Rehabilitation

Dr.Sunder is a Medical Graduate from Stanley Medical College in 1984, and holds a Post Graduate degree [M.D] in the rare field of Physical Medicine and Rehabilitation. He specializes in pain, paralysis relief and ergonomics through prescription of physiotherapy and in rehabilitating the handicapped. He is the Founder Medical Director of the PREM Center for Physiotherapy and Rehabilitation Medicine in Chennai, which is one of the largest centers of its kind in the city. Dr.Sunder is also a pioneer in conducting clinical trials, and providing domiciliary [home based] rehab services.

He was Senior Consultant and the Head of the department of Physical medicine and Rehabilitation in Global health city and Voluntary health services. He has the rare distinction of being the only Indian to have authored a **TEXTBOOK ON REHABILITATION MEDICINE** for professionals, which is the prescribed textbook for several universities. Another book **MCQ'S IN REHABILITATION MEDICINE** was authored by him. He has been visiting faculty in the subject of rehabilitation to seven colleges. He has been the editor of the bulletin of the Indian Association of Physical medicine and Rehabilitation since 2006.

He is one of the few ergonomists and has been trained in ergonomics in the USA and has done more than three hundred programs on Office Ergonomics among Computer Professionals, and has been instrumental in designing workstations for software and IT companies. He has been industrial medical consultant to ten companies, and has served as **President of the Indian Association of Occupational health.**

He has presented several papers and chaired several scientific sessions in national and international conferences. He has delivered several prestigious National orations like the **OHSF and DR.CKR oration** and has bagged a number of awards for his research papers.

He has founded the Freedom Trust under which banner he conducts regular camps for the physically disabled and gives away mobility aids. Over 16000 physically challenged persons all over South India have received mobility aids from him. The trust also promotes talent among the differently abled, creates career opportunities for them, and runs an appliance bank.

In recognition of his services to the physically challenged community both the State & the Central Governments have honored him with the Best Doctor award. He received the coveted Presidents award for Best individual in social service in the year 2008.

Several other organizations have vied to honor him for his valuable contribution to the society. The Rotary club has honored him twice for Vocational excellence, and the CIOSA has given him the Dr.Sanjivi award for social service. He is also the recipient of the Raja Muthiah Chettiar award for social service.

He has given several hundreds of public lectures and talks hosted by TV, radio channels and other social organisations.