



DR.S.SUNDER M.D BIO – DATA (SOCIAL SERVICE)

- ❖ **Dr.Sunder is a Medical Graduate from Stanley Medical College in 1984, and holds a Post Graduate degree [M.D] in the rare field of Physical Medicine and Rehabilitation. He specializes in pain, paralysis relief and ergonomics through prescription of physiotherapy and in rehabilitating the handicapped.**
- ❖ **He is the Founder Medical Director of the PREM Center for Physiotherapy and Rehabilitation Medicine in Chennai, which is one of the largest centers of its kind in the city.**
- ❖ **He has the rare distinction of being the only Indian to have authored a TEXTBOOK ON REHABILITATION MEDICINE for professionals, which is the prescribed textbook for several universities.**
- ❖ **He has founded the FREEDOM TRUST under which banner he conducts regular camps for the physically disabled and gives away mobility aids. Since 1997 when he founded his trust he has organized over 220 camps and over 16000 physically challenged persons all over South India have been assessed for mobility aids, artificial limbs and calipers from him.**
- ❖ **Under the SISHUPUNARJANMAM project, A novel scheme for vocationally rehabilitating handicapped children in areas of special aptitude and interest, this scheme is the brainchild of Dr.Sunder. Launched in July 2003, this scheme has adopted 15 children and training them in arts and sports and following through with their career. IN January 2005 a few more children were seen and assessed.**
One of the beneficiaries Vidharte has been selected as MOST CREATIVE INDIVIDUAL and won the National award distributed by President Dr.Abdul Kalam in 2005 World Disabled Day. Another beneficiary Mehtab Allam also was selected as MOST CREATIVE INDIVIDUAL for the year 2006 and received the award on Dec 3rd 2006. IN 2010 Suvedha a third beneficiary won the same award. Others like Lokesh and Karthikeyan are winning prizes consistently.
2011 turned out to be highly successful with Lokesh & Aiswarya bagging the Most Creative Individual National Award for their exceptional talent in Drawing. Akshaya & Vishnupriya bagged the State Award from the Governor of Tamilnadu for their talent

in Music and Academics. 14 new children have been inducted under the Sishupunarjanmam scholarship scheme from Dec 2012 apart from 12 already existing children. Lokesh & Srileka bagged the Ascendas Excellence Award for the year 2013 in Nov.

As an extension to the Sishupunarjanmam project **DARSHAN Art Gallery & DARSHAN Orchestra** have been formed and opportunities are being given for the visually impaired to perform and the hearing & speech impaired children to permanently display their paintings. The Orchestra teams are getting regular offers to perform at marriage functions, temple festivals, birthday parties & house warming ceremonies. Several individual and group shows are being regularly organized for promotion of paintings and the permanent art gallery.

TALENT PROMOTION:

- ❖ **DARSHAN ORCHESTRA:** The children who have received training in light and classical music have started performing and offers have started coming in from friends and organization like the Lions Club requesting them to perform at small gatherings and functions. This is a natural extension to the **SISHUPUNARJANMAM** project, and advanced training is also being imparted simultaneously to reach professional standards. Some of our pearls like Sathyanarayana have already chosen music as their career. The Trust has formed an orchestral team “DARSHAN” to further their careers.
- ❖ **DARSHAN ART GALLERY:** With two of Freedom Trust’s beneficiaries chosen in the field of drawing and painting bagging National Best Individual Awards, Freedom Trust has decided to showcase the talents of hearing and speech impaired children by displaying their paintings in a gallery. This was consequent to a tremendously successful public show in December 2009. The name of this gallery too is “DARSHAN” and it is lodged at the premises of the trust’s office.
- ❖ **Under the GRAM VIKALANG PUNARJANMAM project,** Handicapped persons in rural areas cannot afford to come to the city or towns where qualified rehabilitation teams are situated; they neglect their handicap and later develop deformities which are difficult to correct, except by surgical means. People in rural areas are also so poverty stricken that they find it difficult to make ends meet, let alone buying these mobility aids. It is in the backdrop of this the scheme was started. Freedom Trust in association with local NGO's identifies beneficiaries in villages, takes measurements, and distributes mobility aids like artificial limbs or calipers. Several villages have been covered over the years and the trust continues its mission to reach out to as many beneficiaries as possible.
- ❖ **WALK INDIA project** is a dream project conceived by the founder of Freedom trust, DR.SUNDER, who is a State and National award winning doctor working for the cause of the differently abled. A van specially fitted with all equipment and raw material needed to manufacture artificial limbs, sponsored by a grant from The Rotary

Foundation toured the villages and a limb fitting team took measurements and fit artificial limbs to those amputees in the villages free of cost.

- ❖ **APPLIANCE BANK project**, several people suffer from temporary handicap. This means they have undergone hip replacement or some similar surgery and need an appliance like a crutch during their rehabilitation, for temporary use. We have also set up a 'first of its kind' appliance bank in our premises, to cater to this specific segment of handicap, wherein previously used appliances are tapped from the public and given to those who need them. These aids can be recycled and reused, or if desired, may be retained by the beneficiary. This is very similar in concept to the Book Bank or Drug Bank.
- ❖ In recognition of his services to the physically challenged community both **the State & the Central Governments have honored him with the Best Doctor award.**
- ❖ He won **the President's Award for service to the disabled on World Disabled Day 2008 at New Delhi.**
- ❖ He is a **State awardee for Best Doctor in the year 2007 given by the Chief Minister on behalf of the Ministry of Social Justice & Empowerment on Independence Day.**
- ❖ He has the unique distinction of bagging **the prestigious Vocational Excellence Award for social service from two Rotary clubs - the Rotary Club Chennai Mambalam and Rotary Club of Madras Chennapatna.**
- ❖ Recognitions have also come from the **Kanchi Mutt in the form of the Jan Seva Award & from CIOSA – Dr. Sanjivi Award.**
- ❖ He is also the recipient **of the Kumararajah Sri. M.A.M. Muthiah Chettiar award for social service.**
- ❖ He was presented the **Americares certificate of merit** in recognition of outstanding contribution to health care.
- ❖ Dr. Sunder has lent his expertise to several organizations like **Spastics society of India, Spastics Society of Tamilnadu, Madhuram Narayanan Center and Maithri and associated himself with different organizations for their medical camps.**
- ❖ During the aftermath of the devastating earthquake that hit Gujarat, Dr. Sunder lent his professional services to the **Kutch Nava Nirman Abhyan** dedicated to the rehabilitation of the quake victims in Gujarat. He was also instrumental in establishing a holistic rehabilitation center in Kutch.